

**G.H.G. Harparkash College of Education for Women,
Sidhwan Khurd, Ludhiana**
**Report on Career and Personal Counselling initiatives
undertaken by Guidance and Counselling cell
Session 2022-2023**

G.H.G.Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana has a functional Guidance & Counselling Cell and Placement Cell with the purpose of assisting students in solving their problems related to educational, vocational and personal areas. The college has well well-equipped Psychology Lab and Counselling Room having 165 psychology tests on Intelligence, Personality, Interest, Attitude and Aptitude used for guidance and counselling purposes.

Members of the Guidance and Counselling Cell take the initiative to impart career and personal counselling services not only to students but also to all the stakeholders. Members of Guidance & Counselling Cell are well qualified in specifically this area as Postgraduates in Psychology and Ph. D. in Education. Coordinators of this Cell are Dr.Sarvjeet Kaur and Dr.Shally. Besides the teachers, Ms. Navdeep Kaur B.Ed II year and Ms.Gurjot Kaur PGDGC are student members of this Cell.

The following initiatives were undertaken by this Cell throughout the year to provide various Guidance and counselling services: -

- The college is running a PG Diploma in Guidance and Counselling to give career options in the field of Counselling.
- Placement Cell conducted coaching for the B.Ed. Entrance Test, from 15th July to 29th July 2022. CTET and PSTET coaching is also given every year to avail the best placement opportunities in Govt and private sector schools.
- The cell organised student activities under PU G20 YOUTH FORTNIGHT from 15th Feb to 28th Feb, 2023.
- Dr Shally, Assoc Prof, Conducted career counselling workshops at Jatindra Greenfield School, Sudhar and Ajitsar Khalsa Sen Sec School, Jangpur on 15th Feb, 2023.
- Dr Shally, Assoc Prof, Conducted career counselling workshops at Eastwood International School, Mullanpur on 16th Feb, 2023.

- Mrs Pushpinder Kaur and Dr Shally carried out career counselling sessions at P.A.U, Ldh and Govt College for Girls, Ludhiana on 13th April, 2023.
- Dr.Sarvjeet Kaur and DrJagminder Kaur conducted Career counselling sessions for students of Govt College DhudhiKe, Moga on 19th April 2023.
- Dr.Sarvjeet Kaur and Mrs Manpreet Kaur conducted Career counselling sessions for students of Govt Science College, Jagraon on 13th April 2023.
- Orientation and Student Induction programme was carried out for the new entrants under educational guidance service from 1st to 6th Oct 2022.
- Entry level testing was done on 1st to 6th Oct 2022 by using Teacher made Differential Learning Needs Test to identify special learning needs of the students.
- Remedial teaching and individualized educational programme were designed by concerned teachers.
- Personal and Career Counselling was rendered to students to resolve their issues.
- Psychological Appraisal of students by conducting various psychological tests is a feature of this cell.
- Career talks are given by students of PG Diploma and teachers for acquainting the students about various career options to make the students competent teacher counsellors.
- Guidance Cell in collaboration with Placement cell of the college provides guidance regarding various competitive examinations, career counselling, and guidance for placements in various institutions.
- Special period in the time table is also assigned for solving students' problems in various subjects by their respective teachers.
- To develop Leadership Skills among students our college sent students to participate in Youth Leadership and Training Camp organised by Youth Welfare Department, Punjab University Chandigarh from 8th March-16th March 2022.Dr. Sarvjeet Kaur was Admin Officer in this Camp.
- One day workshop on SWOT analysis was organised by Dr.Sarvjeet Kaur 13th March 2023 to make students competent in self-assessment skills.

- Our Alumna Ms. Vasudha has given Career talk on 21st July 2023 on capability building and skill enhancement initiatives in the area of career and personal counselling.

- Dr.Sarvjeet Kaur organised twodays workshop on 'Capacity Building and Skill Development' from 5th to 6th April 2023 at college campus.

- Guidance and Counselling sessions were conducted byDr.SarvjeetKaur on21st July 2023 to solve the educational and personal problems of students.

- Career exhibitions was also conducted by this Cell on 30th May, 2023.

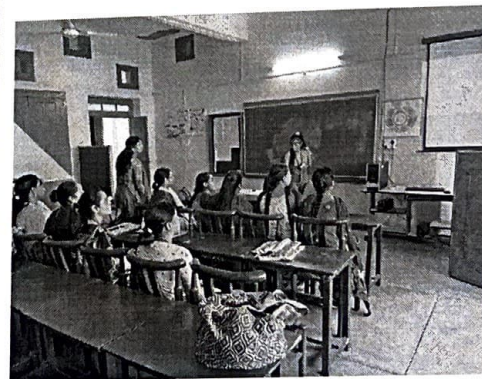
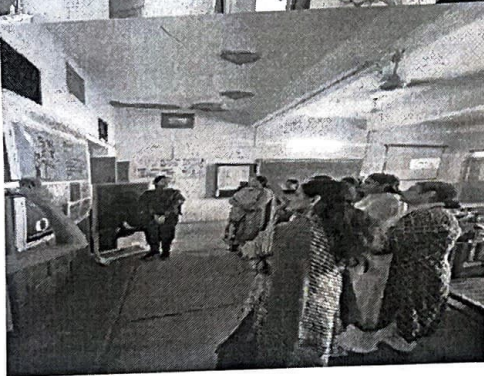
GLIMPSES OF GUIDANCE AND COUNSELLING SERVICE INITIATIVES



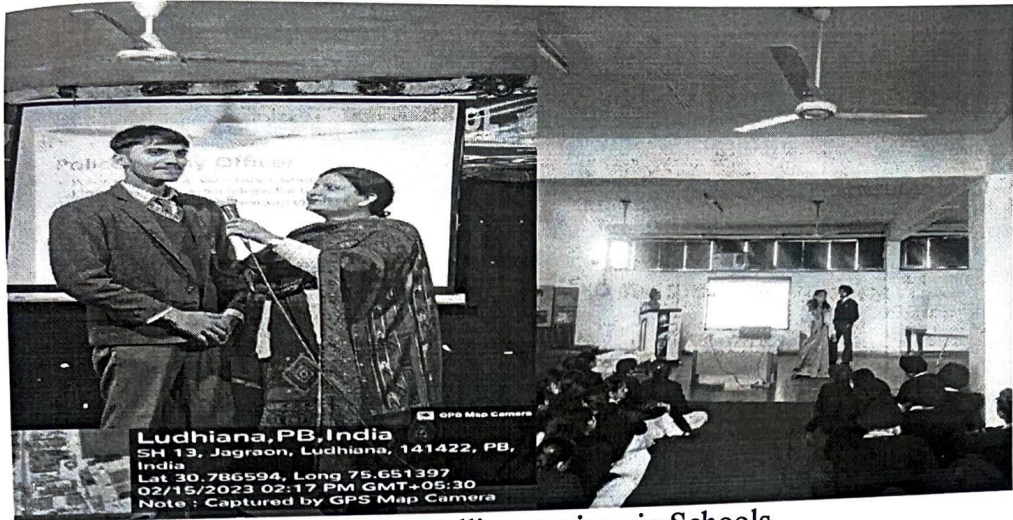
Guidance & Counselling Session by Teachers and Alumna Vasudha



Exhibition



Career Talks by Students



Career Counselling sessions in Schools



Career Counselling sessions in Colleges and P.A.U

Coordinators

Dr. Sarvjeet Kaur

Dr. Shally

Sarvjeet Kaur
Shally

[Signature]

Principal

G.H.G. Harparkash College
 of Education for Women
 SIDHWAN KHURD (Ldh.)