

**GHG HARPARKASH COLLEGE OF EDUCATION FOR WOMEN,
SIDHWAN KHURD, LUDHIANA
REPORT OF COMMUNITY OUT REACH ACTIVITIES**

**Webinar on “Facts and Myths about COVID-19 Vaccination
30th July, 2021**

National Service Scheme (NSS) Unit of GHG Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana Organized One-day Webinar on the theme “Facts and Myths about COVID-19 Vaccination”. The Resource Person for the webinar was Dr. Pardeep Mohindra (Senior Medical Officer) Incharge, Civil Hospital, Jagraon, Ludhiana. Dr. Mohindra explained about all the Myths prevalent about COVID Vaccination among the masses and told the facts about it.



**7th Annual Bhai Sahib Bhai Narain Singh Ji Memorial Seminar on
“Save Mother Earth” 31st Oct, 2021**

Bhai Sahib Narain Singh Ji Memorial 7th Annual Seminar on “Save Mother Earth” was organized by the Sidhwan Group of Institutions as a Tribute to the Founder of Sidhwan Institutions on 31st Oct, 2021. This is the annual feature of Sidhwan Group of Institutions. All the Institutions under the aegis of Sri Guru Har Gobind Ujjagar Hari Trust, Sidhwan Khurd, Ludhiana i.e., GHG Harparksah College of Education for Women, Khalsa College for Women, Sikh Girls Sr. Sec. School, Sidhwan Khurd and GHG Public Senior Secondary School, Sidhwan Khurd made collaborative efforts to organise the Seminar. Various competitions were held for the college as well as school students such as Poetical Recitation, Caption Contest, PPT presentation, Poster making and Slogan writing. The environment-related themes were decided by the Organising Committee for these competitions. This year the seminar was organised in offline mode. Dr. Jagbir Singh Kirti, Professor, Zoology &

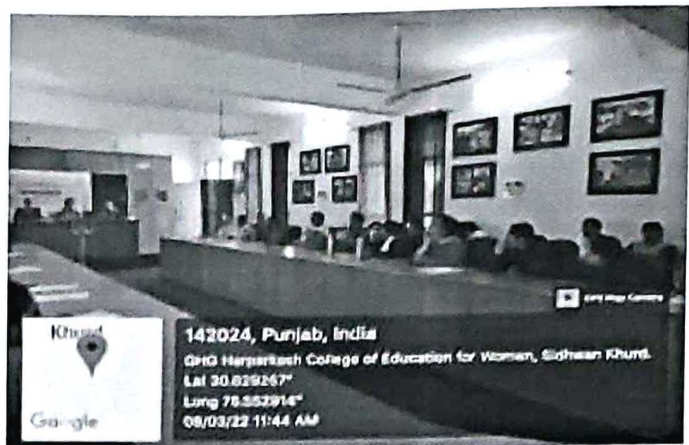
Environmental Science, Punjabi University, Patiala was the Chief Guest & Keynote Speaker for this seminar. Dr. Jagbir Singh Kirti started his keynote address with the lines of Guru Nanak Sahib ji "Pawan Guru Pani Pita, Mata Dharat Mahant". With these lines Dr. Jagbir Singh Kirti made the students aware about how the human being are deteriorating the environment. He also told the students that from last 30 years many of the species vanished from the environment. Due to deforestation, fire, pollutions from industries, religious activities on the Ghats, many dangerous gases are produced which cause serious problems to human beings. Day by day the heat in the environment is increasing and due to this many glaciers have started melting. He also suggested measures as how we can protect our environment and preserve our natural resources for the future generation. A total of 82 participants from the seven colleges and six schools of Punjab participated in various competitions i.e., Poetical Recitation, Caption Contest, PPT presentation, Poster making and Slogan writing. In the category of colleges, Guru Nanak Khalsa College for Women, Gujarkhan Campus, Ludhiana won the first prize and Khalsa College for Women, Sidhwan Khurd bagged the second prize. In the school category, Swami Roop Chand Jain Sr. Sec. School, Jagraon won the first prize. On this occasion, our trust member Sardar Harmail Singh and Sardar Pritam Singh Johal also gave valuable suggestion to protect our environment.

International Women Day

8th March, 2022

NSS Unit and Cultural Event Committee of G.H.G.Harparkash College of Education for Women Sidhwan Khurd organized one day State Level Seminar On Women Health Care to commemorate International Women day on 8th March, 2022. Dr. Ankush Bansal Gynecologist was the Recourse of the Seminar. In the Inaugural session Dr. Amandeep Kaur, Principal of the college highlighted the Significance of celebrating Women's day and message of women empowerment given to the audience. Dr. Ankush Bansal in her first technical session discussed the importance of women health and causes of various diseases women suffering nowadays and their preventive measures. Dr. Gurvinder Singh also shared his views on Gender Equality for solving various issues and problems prevalent in society. In the second technical session Dr. Ankush Bansal in very interactive manner listened various health issues of the participants and suggested remedial measures. N.S.S in charge Dr. Jagminder Kaur handled this session in a very systematic manner by making various groups of the participants. Student council of the college managed the task of discipline and registration in a very systematic way. Dr. Sarvjeet Kaur in charge cultural event committee conducted stage and proposed the vote of thanks. 30 College

students, 40 school students, 20 Teaching and 10 non-teaching staff, and 15 women from community participated in the seminar.

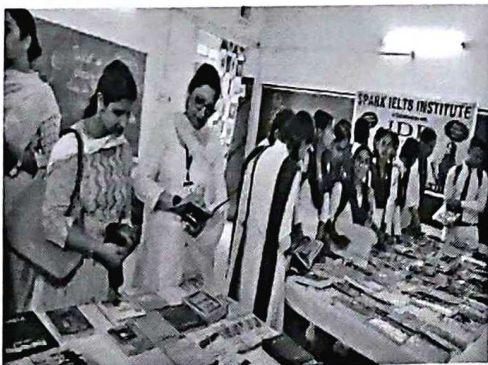


Book Exhibition

30th March, 2022

A Book Exhibition was organized in the college on 30th March, 2022 by Library Committee in collaboration with Bhasha Vibhag, Ludhiana, Gurmat Pustak Centre, Ludhiana and USG Publishers and Distributors, Ludhiana.

The main aim of the exhibition was to develop reading habits among the younger generation and to bring the institute and community together. It provided open platform for the visitors to procure latest editions of published books from leading publishers. 246 visitors marked their presence in the exhibition. The exhibition was a huge success.



Visit to Baal Ghar, Dham Talwandi Khurd 7th April, 2022

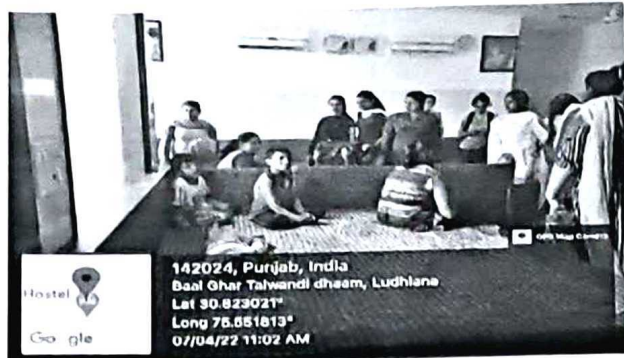
G.H.G.Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana under outreach activities programme took initiative to impart a sense of community service and sensitization towards orphans.

Social work is a profession for those with a strong desire to help and improve people's lives. It is not necessary to be a doctor, a nurse or a renowned person do service for others. One just needs passion for the sufferings of others. With this mind set a group of volunteers come forward and decided to devote their lives for the mission of saving abandoned children and this decision resulted in the establishment of SGB International foundation in 2003 with 3 abandoned children rescued from Railway Station Ludhiana. During these years number of orphan and abandoned children are admitted in this home. With untiring efforts of management and staff of SGB International Foundation all children are enjoying the real family experience that their pitiless parents chose to deprive them of simply because of pressure of society.

Coordinators of the Programme Dr Kiran Duggal and Dr. Shally organised a visit to orphan and abandoned children NGO "**Baal Ghar, Dham Talwandi Khurd**" working under the aegis of **SGB International foundation** on 7-4-2022. Principal Dr Amandeep Kaur along with five teachers and 36 students of B.Ed , M.Ed and PGDGC went personally to meet the tiny tots.

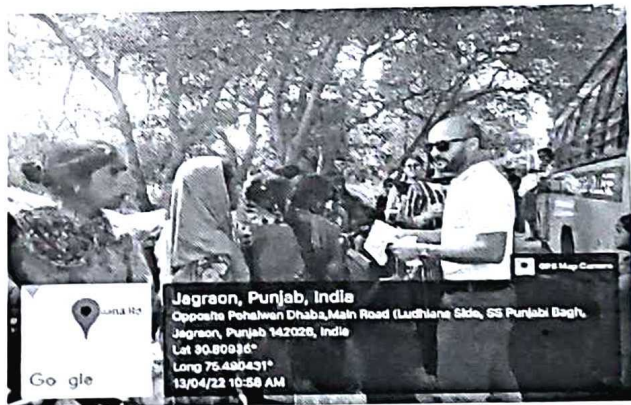
Students of the college visited family houses created for children by SGB foundation. Each family house has three bed rooms, a drawing cum dining room, a kitchen and toilet area besides a kitchen garden to grow vegetables. Presently, there are 50 Children living in five family houses. In all, there shall be place for more than 100 children in 8 family houses making it a mini village like community. Children residing in SGB Home are given all facilities to help them achieve their fullest potential in life.

Children live under the care of committed women, who have dedicated themselves to the cause of needy children. They are women with strong motherly instinct who create an alternate family with needy children. Children attend regular schools in the local vicinity. Adequate recreational and sports facilities are provided. The staff and students collected money voluntarily to donate the groceries also. Overall, the visit really sensitized the staff and students towards orphan, abandoned and destitute children.



Donation Camp 13th April, 2022

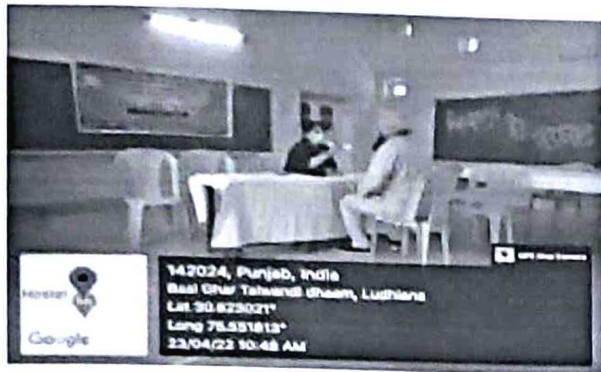
Donation camp was organised by the GHG Harparkash College of education for Women Sidhwan Khurd, Ludhiana for poor residing in slum areas on 13.04.22. All the staff members and students of the college donated various item like clothes, bags, water bottles, shoes and other essential items generously to the needy people residing in the slum areas of Jagraon. Staff and students went to the slum area in the college bus. Students and staff of the college distributed the material to the people over there. By visiting these areas, a conscious effort was made to aware students about the conditions of the people living there. Twenty four student of various disciplines participated in this donation camp.



Eye Checkup Camp *In collaboration with Civil Hospital, Jagraon* 23rd April, 2022

An eye checkup camp was organized for the staff and community members by the NSS Unit of G.H.G. Harparkash College of Education for Women, Sidhwan Khurd in collaboration with Civil Hospital, Jagraon. Principal Dr. Amandeep Kaur and NSS Programme Officers played a key

role in organizing this event. A team of eye specialists from Civil Hospital, Jagraon visited the camp and did the eye checkup free of cost. The patients were examined and medicines were prescribed to them. In few cases, the doctor gave preliminary treatment and asked them to visit the Hospital for getting operated further. About 70 members of the staff and community visited the camp and were benefitted. The team from Civil Hospital, Jagraon was honoured by Principal Dr. Amandeep Kaur for providing their services.



Community Courses **25.04.22 to 24.05.22**

A one month long two community courses namely basic community course and painting and embroidery courses were organized in the college for the members of community aged 18 years and above. As many as 16 participants from the community completed these courses. In painting and embroidery course, resource person Mrs. Harjeet Kaur, Instructor Art and Craft taught different types of paintings i.e. glass, block, tile and pot painting. Different styles of flower making and embroidery were also taught during the course. In basic computer course resource person Mrs. Manpreet Kaur, Asst. Prof., taught MS- office, Ms- Excel, MS- Paint and applications of Google. The courses were followed up by a practical test and certificates were awarded on the basis of their performance.

Plantation Drive **26th April, 2022**

ECO Club and NSS Unit of GHG Harparkash College of Education for Women organised Tree Plantation Drive under the theme "Rukh Lagao Desh Bachao" in collaboration with "The Green Punjab Mission Team, International Charitable Trust," on 26 April 2022. On this occasion, Faculty members and all the students pursuing different courses from the college i.e., B.Ed.,

M.Ed. and PG Diploma in Guidance & Counselling planted 100 plants like Chukrasia, Gulmohar and Amaltas to name a few in the college campus. Dr Amandeep Kaur, Principal, GHG Harparkash College of Education for Women, welcomed Prof. Karam Singh Sandhu, Mr Satpal Singh Deharka, Mrs Kanchan Gupta and the entire team of "The Green Punjab Mission Team". Dr Amandeep Kaur, in her address said that we have active ECO Club in our college in which we always work to save our environment and make our students aware about environmental issues and crisis in the world. ECO club of the college motivate the students to protect our environment by planting more and more trees in their villages and surrounding areas. In our college we have already done some Eco-friendly practices like establishment of Vermi Compost unit, Environment Awareness rallies, Plantation of trees in the college and surrounding areas. Mr. Satpal Singh Deharka inspired the students for taking initiatives of planting trees at their homes and doing activities which help to preserve our natural eco system.



Visit to School for the Deaf Children, Humbran Road, Ludhiana

28th April, 2022

On 28th April, 2022 students of B.Ed., M.Ed. and PG Diploma in Guidance and Counselling along with teacher incharges Dr. Manjeet Kaur and Dr. Geeta Kundi visited School for the Deaf Children, Humbran Road, Ludhiana as it is part of their curriculum. A total of 40 students from the college visited the school. The school was established by the Ludhiana Educational Society (Regd.) in the year 1971. As on date there are 145 students in the School. Mrs. Sonia is the principal of the school. She is dedicated, inspiring and caring towards the children of the school. The school has qualified staff with having a special degree and training to teach students with hearing problems. The main objective of the school is to make the child an acceptable and a useful citizen of the society and also to make the society aware of their moral responsibility towards their children. Students of the college interacted with the students of the school for the

deaf children with the help of their teachers and also visited the various rooms, laboratories such as speech therapy lab, home science lab, computer lab and art and craft room to understand the way of teaching learning being carried in the school. The school imparts education from Nursery to 12th. There is a provision for hobby classes such as Home Science, Art & Craft and Computer. The school has two buses to transport to student from their place of residence to the school and back.



Celebration of World Environment Day

05.06.22 - 07.06.22

World Environment Day was celebrated at G.H.G. Harparkash College of Education for Women, Sidhwan Khurd from 5th to 7th June, 2022 by the Eco Club and NSS unit of the college on the theme 'Only One Earth'. Poster making competition and planting a sapling event were organized in the college to sensitize students about the contemporary environmental issues. Students from B.Ed., M.Ed. and PG Diploma in Guidance and Counselling participated in both the events. First prize in poster making competition was bagged by Manpreet Kaur of B.Ed. (1st year), second prize by Sumandeep Kaur of B.Ed. (1st year) and third prize by Prinka of B.Ed. (1st year). Around 30 saplings were planted by the students in the college campus. All the staff members also participated in the plantation of saplings.



World Blood Donation Day

14th June, 2022

The NSS Unit of G.H.G. Harparkash College of Education for Women, Sidhwan Khurd organized oath taking ceremony on World Blood Donation Day. The college staff and students took pledge to be always ready for donating blood voluntarily to save the mankind. This service to the society will definitely help to save precious lives from accidental deaths and thus help in reducing casualties.



Community Outreach Coordinators

Dr. Shally *Shally*
Dr. Geeta Kundi *Geeta Kundi*

Amandeep Kaur
Principal
Dr. Amandeep Kaur