

**PROGRAMME OUTCOMES**  
**POST GRADUATE DIPLOMA IN GUIDANCE AND COUNSELLING**

**General Objectives**

To prepare students as Counsellors, Guidance workers and Researchers for various institutions engaged in Teaching, Educational Research and organizational Planning.

The Post Graduate diploma aims to create a supportive and collaborative learning environment for students from diverse backgrounds and cultures to acquire knowledge, attitudes, and skills essential in the practice of guidance and counseling- The course will also help the students to become exemplary in applying essential guidance and counseling knowledge and skills in a variety of settings with individuals from diverse backgrounds.

**Aims and Objectives**

Post graduate diploma in guidance and counseling will enable the students to:

1. Have the knowledge, personal attitudes and skills to provide effective guidance counseling and developmental services to clients diverse in age, gender and socioeconomic status
2. Have a strong Identity as professional counselors with a commitment to future development and possession of effective networking skills.
3. Have the ability to go beyond providing individual services and have skills to lead teams of teaching professionals developing and providing a comprehensive set of services as needed by the client population.
4. Have skills to advocate For student client issues and to foster productive organizational change.
5. Have a vision of career planning as a developmental process and to provide individual guidance and counseling and skills training to facilitate decision-making and to work with developmental life transitions.
6. Have the knowledge and skills to use, technology resources in professional practice and in research and to understand the application of ethical practice to use of assessment and information management tool

## **Semester-I**

**PAPER- I COURSE CODE: PGDGC01  
COURSE TITLE: INTRODUCTION TO GUIDANCE**

**OBJECTIVES:**

The course contents in this paper will enable the students:

- To understand the meaning, principles, needs and types of guidance
- To have a detailed knowledge about various guidance services
- To organize guidance programme in elementary and secondary schools
- To develop skills in using technology for guidance purpose

## **PAPER- II**

**COURSE CODE: PGDGC 02  
COURSE TITLE: INTRODUCTION TO COUNSELLING**

**OBJECTIVES:**

The contents in this paper will help the students:

- To understand the meaning, types and techniques of counseling
- To learn about theories of counseling
- To develop counseling skills in conducting counseling sessions
- To learn about new emerging areas of counselling
- To make the students aware of maladjustment and concept of adjustment.

## **PAPER- III COURSE**

**CODE: PGDGC 03  
COURSE TITLE: EDUCATIONAL AND PSYCHOLOGICAL APPRAISAL**

**OBJECTIVES:**

After going through the contents in this paper the students will be able:

- To understand the concept of psychological appraisal
- To know the criteria of selection of a test and characteristics of a good test
- To learn to administer and interpret psychological tests to know the Individual abilities and personality aspects
- To make appropriate use of achievement and diagnostic test in locating learning difficulties

## **Semester-II**

### **PAPER- IV COURSE**

**CODE: PGDGC 04**

**COURSE TITLE: COUNSELING CHILDREN AND ADOLESCENTS WITH DIFFERENT ABILITIES**

#### **OBJECTIVES:**

The contents of this course will enable the students to master the techniques of:

- Understanding the needs and problems of children and adolescents with exceptional abilities
- Identification of academic, social, emotional and vocational problems of students
- Conducting individual and group counselling
- Preparing case history, doing case analysis and preparing profile of the case.

### **PAPER- V COURSE**

**CODE: PGDGC05**

**COURSE TITLE: CAREER EDUCATION**

#### **OBJECTIVES:**

The contents of this course will enable the students:

- To get a comprehensive introduction to career education through historical background
- To develop an understanding of the current trends and issues in career education
- To study decision-making and how the process applies to career planning.
- To study the relationships among work, family, and leisure. To identify career issues related to special students.
- To be able to use the Internet and online guidance services
- To overview methods of disseminating and using career information, including computer-based delivery systems (Internet).

### **PAPER- VI COURSE**

**CODE: PGDGC 06**

**COURSE TITLE: SUPERVISED PRACTICUM / INTERNSHIP / WORK BASED LEARNING**

#### **OBJECTIVES:**

The supervised practical work will train and enhance the student's skills:

- In identifying the problems of an individual with the help of selecting, administering appropriate test, interpreting the data, preparing the complete history and profile of the case
- To interpret/ diagnose the case problem and select an appropriate intervention for helping the case in adjustment/ development of relevant life goals and making appropriate choices
- To be attached to a school /an institution or an agency with an onsite counsellor.





