

Sports Facilities in Our college

1. Ground

1. INDOOR

- Table Tennis
- Badminton
- Yoga

2. OUTDOOR

- 400 mtr Track
- Volleyball
- Basketball
- Kho-Kho
- Football
- Handball

2. Gym

- Stepper
- Stationary bicycle
- Treadmil
- Bench
- Dumbbell
- Jump Rope
- Abdomen bench
- Massages Machines
- Resistance band

3. Sports Room (Equipment)

- volleyball
- basketball
- throw ball
- shot-put
- javeline throw

- high jump bar
- discuss Throw
- Hockey stick, ball, glove, neck guard, pads
- Badminton racket & shuttlecock
- Table Tennis

4. Sports Coaching in :-

- Volleyball
- Basketball
- Badminton
- Table Tennis
- Kho-Kho
- Athletics

5. Yoga Training

6. Health & Fitness Guidance Facility

7. Fee Concession sports person

8. Scholarship Facility

9. Extension lecture by Eminent Sports Persons

10. Nutrition Diet Facility

11. First Aid Facility

12. Interhouse Competition

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