

ANNUAL SPORTS DAY 2017-18

Over all winners in sports	:	Ravi House
Over all runner-up in sport	:	Satluj House
Winner in March past	:	Beas House
Runners-up in March past	:	Satluj House
Best Athlete of the year	:	Ms Manju

Our student Amita participated in P.U. Inter College Athletic Meet and won Brownze Medal in Javelin Throw.

Throw Ball	:	Winners – Beas House Runner-up – Ravi House
Badminton	:	Winners – Ravi House Runner-up – Beas House
Shot Put	:	I – Gurjeet Kaur , Beas House (5.95 Mtr) II – Kamaljot Kaur , Beas House (5.85 Mtr) III - Pardeep Kaur , Satluj House (5.80 Mtr)
Discuss Throw	:	I– Gurjeet Kaur , Beas House II–Sandeep Kaur , Satluj House III –Charanjeet Kaur, Ravi House
Javelin Throw	:	I – Amita , Ravi House II – Sukhpreet Kaur , Satluj House III –Ramandeep Kaur , Beas

Long Jump	:	I – Jaspreet Kaur , Satluj House (3.16Mtr) II – Rachna Rani , Ravi House (3.00 Mtr) III – Harshdeep Kaur ,Satluj House (2.69 Mtr)
High Jump	:	I - Jaikarjeet Kaur , Ravi House (3.02 Mtr) II – Pooja Rani ,Beas House (3.01Mtr) III –Harshdeep Kaur, Rachna Rani, (3.0 Mtr)
50-M Race	:	I – Manju, Beas House II – Hardeep Kaur, Satluj House III –Jaspreet Kaur, Ravi House
100-M Race	:	I - – Manju, Beas House II - Hardeep Kaur, Satluj House III – Amita, Ravi House
200-M Race	:	I – Manju, Ravi House II – Hardeep Kaur , Satluj House III —Ramandeep Kaur , Beas House
4x 100 M Relay Race	:	I – Amita,Rachna ,Jaikarjeet,Manju (Ravi) II – Hardeep, Jaspreet, Sukhpreet,Kamaljeet(Satluj) III Pooja,Lovepreet, Ramandeep,Kamaljeet(Beas) -
Three Legged Race	:	I – Amita and Manju , Ravi II – Rachna Rani , Charanjeet Kaur Ravi III – Sukhpreet Kaur and Hardeep Kaur Ravi
Sack Race	:	I –Hardeep Kaur, Satluj House II -- Amanpreet Kaur, Beas House III – Arshdeep Kaur, Beas House

- Spoon & Potato Race : I – Ramandeep Kaur , Beas House
II – Kamalpreet Kaur , Ravi House
III – Charanjeet Kaur, Ravi House
- Obstacle Race : I – Hardeep Kaur , Beas House
II — Manju , Ravi House
III – Ramandeep Kaur (47), Satluj House
- Chatti Race : I – Parminder Kaur, Satluj House
II –Sandeep Kaur , Beas House
III- Manju

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- Shot Put : Ramandeep Kaur , 6.00 Mtr
Simranjeeet Kaur , 5.55 Mtr.
Ravneet Kaur , 5.25Mtr.
- Servant Race : I – Mr. Umesh (10.00 second)
II – Mr. Mahesh (13.00 second)
III – Mr. Sansar -