

Guidance and Counselling Cell

COORDINATORS

Dr. Sarvjeet Kaur

Dr. Shally

The College has established special Cell for the Guidance and Counselling of the teacher trainees and stakeholders. This Cell addresses the diverse Socio-economic challenges and geographic backgrounds of the heterogeneous group. The cell provides guidance to the students of the college to improve their overall personalities and help them to meet challenges in their life. The following services are provided by the guidance and counseling cell of the college.

Guidance & Counselling Cell has been established in the college to provide guidance to achieve following objectives:-

1. To provides guidance to the students on various options available in the course of their study.
2. To identifying and developing Students abilities and interests.
3. To help the students to solve their Personal, Educational and Psychological problems.
4. To develop positive attitude and behavior in order to meet challenges.
5. To create awareness among the students for their future Profession.
6. To provide information to the students on the scope and relevance of any area irrespective of their field of interest.
7. To Recognize their strength overcome and weaknesses.
8. To provide Mass Counselling Services in nearby villages.

The aim of Guidance and Counselling cell is to provide comprehensive guidance programs and services that will equip students with necessary knowledge, attitude and skills to become mature and socially responsible individuals. It aims to promote a just and humane society.

The cell nurtures students through different activities and allows students to cross hurdles in the academic year thereby marching smoothly towards success. Apart from this, it helps the students to overcome class, social, and cultural barriers to complete their college education. The Guidance and Counselling Committee is looked after by a teaching faculty. Apart from the main in charge the other faculty members take up specific roles in the activities conducted. The committee identifies students who require services on priority along with their areas of deficiency and suggests the improvement required. The students once identified, are given academic as well as personal counselling.

The following are the activities conducted under this cell

1. Mentoring through an individual counselling.
2. Provide various comprehensive psychological services to students and resolve their emotional, behavioural, academic, and social issues.
3. Planning and implementing career guidance program in different school.
4. Organizing workshop in the area of-
 - a. Stress management
 - b. Emotional intelligence
 - c. Self awareness
 - d. Offering counselling in the area of psychology and career guidance on request basis.

5. Psychological testing in areas of-
 - a. Aptitude
 - b. Intelligence
 - c. Interest
 - d. Stress and anxiety.
6. The Guidance & Counselling Cell also provide Mass Counselling Services to nearby Schools and Community members of nearby villages.